

Mum's Teacakes

...from a visit to Liscombe Lodge, Nova Scotia, Canada, where Scots abound!

By Mary Eleanor Cole

ingredients:

- 2 cups Flour
- 2 cups Fine Oatmeal
- 1 cup Sugar (Brown or White)
- 1 tsp. Salt
- 1 tsp. Soda
- 1 ¼ cups shortening
- milk, as needed

directions:

- Put together in bowl.
- Add milk as needed to hold dough together.
- Roll out on floured board. Roll thin.
- Cut with knife into squares.
- Bake at 400 F for 8 – 10 minutes.